**Paper Title**

**(Times New Roman 16 bold UPPERCASE, center and double space)**

The title of the paper should be concise and informative, contain 20 words maximum). Avoid abbreviations and formula where possible. It should be written clearly and concisely describing the contents of the research.

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Author Names

Affiliation

**\*Corresponding Author:** E-mail ; ORCID ID

*(Received: do not edit Revised: do not edit Accepted: do not edit)*

**ABSTRACT (Times New Roman 11)**

The abstract is typed in ‘times new romance’, font size 11, italic, double space. Abstract is placed after the title page in the manuscript. It should be a cohesive and self-contained section that includes the introduction, purpose, methods, results, conclusion, and recommendations. However, it must be written as a single paragraph without section headings. References should be omitted, and the use of non-standard or uncommon abbreviations should be minimized. If such abbreviations are necessary, they must be defined upon first mention in the abstract. The abstract should be between 150 and 250 words, without citations, and must be accompanied by keywords.

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**Keywords : (Times New Roman 11)**

Keywords should avoid general terms, plural forms, and multiple concepts. They must consist of no more than five words or phrases and should be arranged in *alphabetical order*.

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**INTRODUCTION (Times New Roman 11)**

Clearly state the objectives of the study and provide sufficient background information without including an extensive literature review. Explain the approach used to address the problem and explicitly outline the study's aims. When writing the introduction, consider readers who may not be experts in the field. Present the information in a narrative format without using subheadings.

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**MATERIALS AND METHODS (Times New Roman 11)**

Provide a detailed explanation of the research design, study settings, time frame, variables, population, samples, sampling methods, instruments used, data analysis procedures, and ethical clearance, including the fit test information.

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**RESULTS (Times New Roman 11)**

Results should be presented in a continuous flow, starting with the main findings followed by supporting results. Units of measurement must adhere to the prevailing international system. Diagrams, tables, images, and graphs may be included, provided they are accompanied by descriptive narration.

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**Figures and Tables placed separated in last page of manuscript and must be as follow:**

Figures and tables should be placed separately on the last page of the manuscript and must be in an editable format (maximum 6 tables and figures). Figure captions should be positioned below the figures, followed by the figure title, with a single space in between. Table titles should be written first in Times New Roman 12, single-spaced. The table content should be in Times New Roman 11, single-spaced, while table remarks should be placed at the bottom in Times New Roman 11, single-spaced.

Table 1. Distribution of demographic, clinical, and lifestyle factors according

to depression status

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Variables | All participants  (N = 3234) | Depression | No depression | *p* value |
| (N = 608) | (N = 2626) |
| Age, mean (SD) | 49.57 (8.19) | 50.11 (7.71) | 49.45 (8.29) | 0.073 |
| Sex, n (%) | | | | |
| Women | 1758 (54.4) | 375 (61.7) | 1383 (52.7) | < 0.001\* |
| Men | 1476 (45.6) | 233 (38.3) | 1243 (47.3) |  |
| Education, n (%) | | | | |
| Below primary education | 2155 (66.6) | 472 (77.6) | 1683 (64.1) | < 0.001\* |
| Primary school and above | 1079 (33.4) | 136 (22.4) | 943 (35.9) |  |
| Marital status, n (%) |  |  |  |  |
| Single | 519 (16.0) | 117 (19.2) | 402 (15.3) | 0.017\* |
| Married | 2715 (84.0) | 491 (80.8) | 2224 (84.7) |  |
| Employment n (%) | | | | |
| Student | 18 (0.6) | 2 (0.3) | 16 (0.6) | < 0.001\* |
| Unemployed | 1351 (41.8) | 332 (54.6) | 1019 (38.8) |  |
| Employed | 1865 (57.7) | 274 (45.1) | 1591 (60.6) |  |
| Urbanization (%) | | | | |
| Urban | 1530 (47.3) | 306 (50.3) | 1224 (46.6) | 0.098 |
| Rural | 1704 (52.7) | 302 (49.7) | 1402 (53.4) |  |
| Cancer, n (%) |  |  |  |  |
| No | 3214 (99.4) | 601 (98.8) | 2613 (99.5) | 0.071 |
| Yes | 20 (0.6) | 7 (1.2) | 13 (0.5) |  |
| Heart disease, n (%) | | | | |
| No | 2946 (91.1) | 533 (87.7) | 2413 (91.9) | 0.001\* |
| Yes | 288 (8.9) | 75 (12.3) | 213 (8.1) |  |
| CKD, n (%) | | | | |
| No | 3170 (98.0) | 590 (97.0) | 2580 (98.2) | 0.057 |
| Yes | 64 (2.0) | 18 (3.0) | 46 (1.8) |  |
| Disability, n (%) | | | | |
| Yes | 623 (19.3) | 266 (43.8) | 357 (13.6) | < 0.001\* |
| No | 2611 (80.7) | 342 (56.2) | 2269 (86.4) |  |
| Depression treatment, n (%) | | | | |
| No depression | 1519 (47.0) | 0 (0.0) | 1519 (57.8) | < 0.001\* |
| Untreated | 1488 (46.0) | 498 (81.9) | 990 (37.7) |  |
| Treated | 227 (7.0) | 110 (18.1) | 117 (4.5) |  |
| BMI, mean (SD) | 25.35 (4.52) | 24.75 (4.52) | 25.49 (4.51) | < 0.001\* |

PCS

PSEQ

*a*= -.4043, *p*<.001\*

*b*= .8290, *p*<.001\*

FIQR

*c* = -.6337, *P*<.000\*; *c'* = -.3486, *p*=.014\*,

*a x b* = -.3352, *bias-corrected bootstrap 95%CI* = -.5008, -.1858

**Figure 1.** Mediation effect of pain catastrophizing on the association between pain self-efficacy Scale and fibromyalgia impact (*n*=105)

Covariates: Sex, smoking status;

bootstrap samples=5000;

*a: the effect of PSEQ on PCS;b: the effect of PCS on FIQR;c: the total effect of PSEQ on FIQR;c': the direct effect of PSEQ on FIQR with the effect of PCS removed;axb: the indirect effect of PSEQ on FIQR.*

FIQR: Revised Fibromyalgia Impact Questionnaire; PCS: Pain Catastrophizing Scale; PSEQ: Pain Self-Efficacy Scale

\* *p* < .05

**DISCUSSION (Times New Roman 11)**

Clearly describe the significance of your findings, focusing on the most crucial aspects of your paper. Be concise, avoid repetition, and ensure clarity in your points. Maintain a logical flow of thought, interpreting and discussing the findings in the same sequence as presented in the results section. Use the present tense for established facts and the past tense when referring to specific previous studies. If necessary, use subheadings to organize the discussion or categorize interpretations into themes. The discussion should include explanations of the results, references to previous research, deductions, and hypotheses.

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**CONCLUSIONS (Times New Roman 11)**

The conclusion should be clearly stated, addressing the hypothesis and highlighting new findings. Suggestions may be included, offering recommendations based on the research or practical input that can be directly applied by consumers.

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**Acknowledgement (Times New Roman 11)**

This section is mandatory. Grants, financial support, and technical or other assistance should be acknowledged at the end of the text, before the references. Any financial support received for the project must be stated. If no financial assistance was provided, this should be explicitly mentioned. The role of the funding organization, if applicable, in data collection, analysis, interpretation, and its authority over the publication approval process should be detailed in the Methods section.

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**Funding Source (Times New Roman 11)**

You are required to disclose the provider of financial support for the research and/or article preparation. Additionally, briefly describe the sponsor's role in the overall research process.

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**Availability of data and materials (Times New Roman 12)**

The "Availability of Data and Materials" section is essential for maintaining transparency, reproducibility, and credibility in scientific research. It specifies the accessibility of raw data, datasets, or materials used in the study, enabling other researchers to verify findings, replicate experiments, or expand upon the research.

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**Authors’ contributions (Times New Roman 12)**

The "Authors' Contributions" section details the specific roles of each author in conducting the research and preparing the manuscript. It enhances transparency, promotes accountability, and properly acknowledges each contributor's efforts.

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**Conflict of Interest (Times New Roman 12)**

If the proposed publication involves a commercial product, either directly or indirectly, the author must include a statement in the cover letter: (1) confirming no financial or other interest in the product or its distributor, or (2) explaining any relationship with the manufacturer or distributor. Other associations, such as consultancies, stock ownership, equity interests, or patent licensing agreements, must also be disclosed. If the Editor determines a potential conflict of interest, the information may be shared with reviewers or published at the Editor’s discretion, with authors being informed before publication

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**REFERENCES (Times New Roman 12)**

The reference should be created using a reference manager application such as Mendeley, Zotero, and EndNote. **The style used is the American Psychological Association 7th Edition and arranged alphabetically.** A minimum of 25 recent references (from the last 10 years) is required, with at least 80% sourced from journal articles. References from journal publications should include a DOI. Every cited reference must be included in the in-text citation.

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**Reference to a Journal Publication:**

ltová, A., Kulhánová, I., Brůha, L., & Lustigová, M. (2021). Breast and cervical cancer screening attendance among Czech women. *Central European Journal of Public Health*, *29*(2), 90–95. https://doi.org/10.21101/cejph.a6623

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Piliang, N. P., Sulistiyawati, S., & Paramashanti, B. A. (2021). Implementation of a community-based nutrition program in the community feeding center: A case study from Bantul. *Journal of Health Education*, *6*(2), 73–81. https://doi.org/10.15294/jhe.v6i2.38320

Prasetyo, E., Anies, A., Widyastiti, N. S., & Suhartono, S. (2021). Pathophysiology and Diagnostic Evaluation of Occupational Asthma from Exposure to Wood Dust and Diisocyanates in the Wood Processing Employees: A Preliminary Study. *Open Access Macedonian Journal of Medical Sciences*, *9*(E), 317–323. https://doi.org/10.3889/oamjms.2021.5989

Prasetyo, E., & Widyastiti, N. S. (2021). Relationship Of Degree Exposure Of Wood Dust To Occupational Asthma. *Jurnal Keperawatan*, *13*(2), 6.